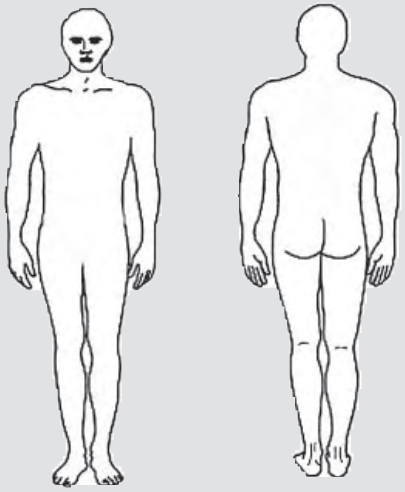
McGill Pain Questionnaire

PATIENT'S NAME _____ DATE _____ TIME _____ AM/PM _____

PRI: S _____ A _____ E _____ M _____ PRI(T) _____ PPI _____
(1-10) (11-15) (16) (17-20) (1-20)

1 FLICKERING	11 TIRING	
QUIVERING	EXHAUSTING	
PULSING		
THROBBING	12 SICKENING	
BEATING	SUFFOCATING	
POUNDING		
	13 FEARFUL	
2 JUMPING	FRIGHTFUL	
FLASHING	TERRIFYING	
SHOOTING		
	14 PUNISHING	
3 PRICKING	GRUELLING	
BORING	CRUEL	
DRILLING	VICIOUS	
STABBING	KILLING	
LANCINATING		
	15 WRETCHED	
4 SHARP	BLINDING	
CUTTING		
LACERATING	16 ANNOYING	
	TROUBLESOME	
5 PINCHING	MISERABLE	
PRESSING	INTENSE	
GNAWING	UNBEARABLE	
CRAMPING		
CRUSHING	17 SPREADING	
	RADIATING	
6 TUGGING	PENETRATING	
PULLING	PIERCING	
WRENCHING		
	18 TIGHT	
7 HOT	NUMB	
BURNING	DRAWING	
SCALDING	SQUEEZING	
SEARING	TEARING	
	19 COOL	
8 TINGLING	COLD	
ITCHY	FREEZING	
SMARTING		
STINGING	20 NAGGING	
	NAUSEATING	
9 DULL	AGONIZING	
SORE	DREADFUL	
HURTING	TORTURING	
ACHING		
HEAVY	PPI	
	0 NO PAIN	
10 TENDER	1 MILD	
TAUT	2 DISCOMFORTING	
RASPING	3 DISTRESSING	
SPLITTING	4 HORRIBLE	
	5 EXCRUCIATING	

BRIEF	RHYTHMIC	CONTINUOUS
MOMENTARY	PERIODIC	STEADY
TRANSIENT	INTERMITTENT	CONSTANT



E = EXTERNAL
I = INTERNAL

CIRCLE THE BODY PART BEING TREATED TODAY.

COMMENTS:

INSTRUCTIONS:
PUT A CHECK MARK NEXT TO THE WORD OR WORDS THAT APPLY TO ANY PAIN OR DISCOMFORT YOU ARE HAVING.
ONLY FOCUS ON THE WORDS, NOT THE BOXES THEY ARE IN.

THANKYOU.

The descriptors fall into four major groups: sensory, 1 to 10; affective, 11 to 15; evaluative, 16; and miscellaneous, 17 to 20. The rank value for each descriptor is based on its position in the word set. The sum of the rank values is the pain rating index (PRI). The present pain intensity (PPI) is based on a scale of 0 to 5. Copyright © 1970 Ronald Melzack.